

JANUARY 2020

A Touch Of Magic Action Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

"Play is not a luxury.

Play is a necessity."

~ Kay Redfield Jamison

1

Write a list of 100 fun things you want to do this year

2

Do one thing on your list and cross it off

3

Journal: What am I grateful for from 2019?

4

Journal: What am I looking forward to in 2020?

5

Relax and go with the flow today

6

Make a new friend today

7

Tackle a routine task in a new and different way

8

Watch a live comedy show

9

Start a daily gratitude list

10

Write an ode to the full moon

11

Binge-watch your favorite TV series

12

Take a day off social media

13

Do an online personality test for fun

14

Donate to a cause you believe in

15

Read a book in a new genre or topic

16

Do something that scares you

17

Go out for drinks and dance with your friends

18

Play!
Let yourself have fun!

19

Try a new restaurant

20

Buy a lottery ticket

21

Sing out loud to your favorite songs

22

Go outside for at least 15 minutes

23

Say yes to a new opportunity or invitation

24

Write down all your deepest wishes for the year

25

Surprise your loved ones with a spontaneous trip

26

Document today with as many pictures as you can

27

Buy a small gift for yourself

28

Meditate for at least 20 minutes

29

Make someone laugh today

30

Cast an elaborate blessing on someone

31

Wake up early and watch the sunrise



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FEBRUARY 2020

A Touch Of Magic Action Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

"Love yourself first and everything else falls into line."

~ Lucille Ball

3

Give yourself permission to say no

4

Schedule a relaxing massage for yourself

5

Journal - "I love myself because..."

6

Ask someone how they are and really listen to them

7

Watch a feel-good movie tonight

1

Light a candle at sunset for Imbolc

2

Keep hydrated - drink lots of water

10

Put yourself first today

11

Pull a card - how can you nurture yourself more?

12

Draw/color/paint - make some art

13

Do some chores around the house today

14

Pamper yourself silly today

15

Schedule a fun night out with friends

16

Allow yourself to sleep in today

17

Commit to improving one thing about your health

18

Speak some kind words to 5 people today

19

Journal - Be honest about your feelings

20

Write a love letter to your inner child

21

Make a list of 20 self-care acts you can do

22

Do one act of self-care today

23

Spend some quality time with a loved one

24

Take a nice, long relaxing bath

25

Start your day with a healthy, hearty breakfast

26

Do one thing to brighten up your home

27

Have a heartfelt conversation with a trusted friend

28

Tell a loved one all the reasons you believe in them

29

Tell yourself all the reasons you believe in you



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MARCH 2020

A Touch Of Magic Action Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

30

Write a letter to your future self

31

Write a letter from your future self

"You are not **IN** the Universe. You **ARE** the Universe."

~ Eckhart Tolle



1

Challenge yourself to meditate more this month

2

Establish a meditation schedule

3

Go outside and hug a tree today

4

Journal - why do you believe what you believe?

5

Write down 50 things you are grateful for

6

Brainstorm 25 things you can do to be more mindful

7

Go on a date with yourself today

8

Visit a place of worship - doesn't matter whose!

9

Make a list of dreams you want to manifest this full moon



10

Drink lots of water - stay hydrated

11

Be open to all points of view today

12

Learn about someone else's spiritual practice

13

Watch an inspirational documentary

14

Have a conversation with your higher self

15

Bake some cookies today

16

Question everything you think you know

17

Create a personal spiritual space for yourself

18

Visit a metaphysical shop

19

Journal - who is your spiritual guru and why?

20

Listen. Just listen

21

Decorate your house with spring flowers for Ostara

22

Start a dream journal

23

Learn one new thing today

24

Do an elaborate tarot reading for yourself



25

Manifest one small thing today

26

Pay attention to your intuition and inner voice

27

Write down 50 things you are grateful for

28

Visit a bookstore or library

29

Get quiet and listen to your body

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APRIL 2020

A Touch Of Magic Action Calendar

Monday



Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

1

Make a list of goals you want to achieve this month

2

Reevaluate your finances and where you want to be

3

Listen to a productivity podcast

4

Commit to more movement this month

5

Plan a fun activity for your family today

6

Start your week with the most important goal

7

Take frequent breaks while you work

8

Pull a card - how do I achieve balance in my life?

9

Put \$5 in your piggy bank today

10

Join a dance or exercise class

11

Have a nice dinner date with a friend or loved one

12

Read a book on personal development

13

Journal - what was the most difficult lesson you learned?

14

Take the stairs instead of the elevator

15

Pick your mentor's brain today

16

Visualize the future you want for yourself

17

Pay it forward - do something nice for someone else

18

Journal - what are my biggest strengths?

19

Brainstorm 25 ways you can be more efficient

20

Donate to your favorite cause today

21

Start saving towards your dream vacation

22

Take a risk - do something new

23

Perform a prosperity ritual today

24

Take the day off work today

25

Give all your attention and focus to your loved ones

26

Teach yourself a new skill

27

Make a list of 20 things you like about yourself

28

Do one thing that brings you closer to your goals

29

Celebrate all your achievements thus far

30

Give yourself permission to change your mind

"Progress is not achieved by luck or accident, but by working on yourself daily." ~ Epictetus

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MAY 2020

A Touch Of Magic Action Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

"What you do makes a difference. And you have to decide what kind of difference you want to make."

~ Jane Goodall

4

Teach someone something new you learned

5

Learn to set boundaries

6

Make a list of 25 ways you have made a difference

7

Make a list of 25 ways you want to make a difference

8

Allow yourself to be vulnerable today

9

Watch a feel-good movie

10

Volunteer your services at a non-profit

11

Express your emotions freely

12

Allow yourself to be mentored today

13

Be a mentor to someone else

14

Journal - what legacy do you want to leave behind?

15

Try to understand an opposing point of view today

16

Write a letter to someone who has hurt you

17

Allow yourself two hours alone time today

18

Allow someone else to take care of things today

19

Educate yourself about current world affairs

20

Let yourself cry

21

Perform a forgiveness ritual

22

Be kind and gentle with yourself

23

Admit your mistakes with compassion

24

Start and finish a one-day project

25

Stand up for yourself

26

Stand up for someone else

27

Go to bed early today

28

Let go of perfectionism

29

Brainstorm 20 ways to be more eco-conscious

30

Write down 50 reasons you deserve happiness



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JUNE 2020

A Touch Of Magic Action Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Write down your 3 most important goals for the month	2 Buy something nice for yourself	3 Learn something new to you today	4 Look in the mirror and say "I love you" 10 times	5 Perform a tarot reading for yourself today	6 Say hello to a stranger today	7 Make a resolution and do one thing towards it
8 Activate your confidence - chin up, shoulders back	9 List down 10 things you have achieved and are proud of	10 Take a selfie and post it to your network	11 Share an inspiring quote and what it means to you	12 Sing out loud and proud to your favorite songs	13 Take a walk outside and enjoy nature's magic	14 Take a leap - do something that scares you
15 Get clear on your WHYs - what motivates you	16 Write a letter as your best self to your current self	17 Write a list of 50 things you are grateful for	18 Eat at a new restaurant today	19 Learn one new thing about someone close to you	20 Do something you've been putting off	21 Light a candle and make a wish
22 Do something nice for someone you care about	23 Journal - who was your childhood hero and why?	24 Be proactive - ask for an opportunity you want	25 Try again at something you've tried and failed	26 Make a new friend today	27 Go to a club and dance like no one is watching	28 Make a list of 50 things you like about yourself
29 Forgive yourself for mistakes you made in the past	30 Stand up for a cause you believe in	 <p>"If you want to achieve greatness, stop asking for permission." ~ Unknown</p>				

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JULY 2020

A Touch Of Magic Action Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

"Real magic in relationships means an absence of judgement of others." ~ Wayne Dyer

1
Pull a card - where do you need balance?

2
Plan your month ahead for a work/life balance

3
Make a list of people you are grateful for

4
Tell that list of people why you are grateful for them

5
Manifest a goal today

6
Focus on the positive

7
Enjoy a three-hour dinner with a loved one

8
Share or promote a friend's business

9
Self-care day - treat yourself to something nice

10
Make a list of pros and cons for what's on your mind

11
Let yourself sleep in today

12
Say "I love you" to someone who needs to hear it

13
Pay attention for a sign from the Universe today

14
Share one of your favorite songs and why

15
Reconnect with an old friend

16
Write a love letter to yourself

17
Hug at least 7 people today

18
Make a simple home-cooked meal for your family

19
Take yourself on a date - get to know yourself better

20
Make a wish for a loved one today

21
Pay it forward - do something nice for a stranger

22
Reevaluate your priorities

23
Watch a romantic comedy

24
Talk to your plants, animals, or spirit guides

25
Introduce two people you think would connect

26
Choose yourself first today

27
Compliment as many people as you can today

28
Allow yourself to feel your feelings

29
Let go of toxic relationships

30
Journal - what do you love about your shadow side

31
Sit quietly for 15 mins and listen to your body



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AUGUST 2020

A Touch Of Magic Action Calendar

Monday

31
Sing your heart out
to your favorite
songs

3
Be honest about
your feelings today

10
Sign up for a
creativity class -
art/dance/music

17
Handwrite a letter
and send it snail-
mail

24
Draw a simple
cartoon or doodle

Tuesday



4
Keep hydrated -
drink lots of water

11
Write a short poem
today

18
Pull a card - how
are you holding
yourself back?

25
Tell someone you
care about how you
feel about them

Wednesday

"Your only obligation in any lifetime
is to be true to yourself."
~ Richard Bach

5
Journal - where are
you not expressing
yourself?

12
Go to a local
improv show

19
Flirt shamelessly
with a crush or a
loved one

26
Visit the bookstore
or library today

Thursday

6
Ask someone how
they are and really
listen to them

13
Listen to a podcast
that discusses
creativity

20
Journal - How can
you improve your
communication?

27
Have a heartfelt
conversation with a
trusted friend

Friday



7
Brainstorm ideas
for a passion
project

14
Freewrite nonstop
without judgement
for 10 minutes

21
Play a word-game
or a crossword
puzzle

28
Chant or do a
throat chakra
meditation

Saturday

1
Take a walk
outside to celebrate
Lughnasa

8
Movie night -
Watch a comedy!

15
Schedule a fun
night out with
friends

22
Make a list of 25
creativity projects
you want to do

29
Role play - pretend
to be someone
different from you

Sunday

2
Buy a new
notebook and start
a journal

9
Reach out to a
friend you haven't
talked to in a while

16
Spend some
quality time with a
loved one

23
Take as many
interesting pictures
as possible

30
Visit an art gallery
or a museum

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SEPTEMBER 2020 *A Touch Of Magic* Action Calendar

Monday



Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

1

Start a project folder for your goals

2

Make a list of goals you want to manifest

3

Pull a card - how to improve your organization skills?

4

Watch a documentary today

5

Downsize - Clear at least 30 things you no longer need

6

Donate the things you no longer need

7

Talk to a financial planner today

8

Offer to teach something you are knowledgeable on

9

Set a routine and stick to it

10

Start a daily gratitude list

11

Organize a board game night with friends

12

Fix what needs fixing - lightbulbs, car, etc.

13

Write down 100 fun things for your bucket list

14

Take three deep breaths before tackling the day

15

Sign up for a class you want to learn more about

16

Buy any organizing tools you need

17

Perform a prosperity ritual today

18

Make a list of everything you are good at

19

Organize your closet today

20

Get a headstart on your work for the coming week

21

Bake your favorite fruit pie for Mabon

22

Let go of systems that don't work anymore

23

Organize your mail and/or emails

24

Journal - What do you need to feel safe and secure?

25

Read a book on something you want to learn about

26

Take a walk outside and learn 3 new plants

27

Ask the Universe for what you need

28

Delegate work that can be delegated

29

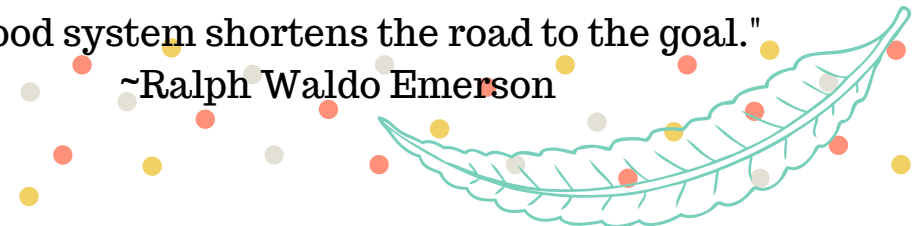
Focus on one thing at a time today

30

Celebrate all your achievements thus far

"A good system shortens the road to the goal."

~Ralph Waldo Emerson



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OCTOBER 2020

A Touch Of Magic Action Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

"Exploring myself has been the greatest adventure of my life." ~ Saheli Adhikary

1

Perform a full-moon ritual tonight

2

Go with the flow today

3

Take a day off social media

4

Do something that scares you

5

Do something new to you today

6

Forget your to-do list and do what you want today

7

Go window shopping downtown

8

Pull a card - what holds you back?

9

Go out dancing with your friends

10

Surprise your loved ones with a spontaneous trip

11

Binge-watch your favorite TV series

12

Smile at 10 strangers today

13

Change one thing in your normal routine

14

Make a list of places you'd love to travel to

15

Make a list of 50 things that make you happy

16

Make a wish for deeper self-love on the new moon

17

Wake up early and watch the sunrise

18

Do absolutely nothing today

19

Take a fun online personality test

20

Make someone laugh today

21

Write a short adventure story

22

Read a book in a new-to-you genre

23

Visit an antique shop

24

Play! Let yourself have fun!

25

Go on an adventure!

26

Subscribe to a travel newsletter or blog

27

Go outside and hug a tree

28

Make a new friend today

29

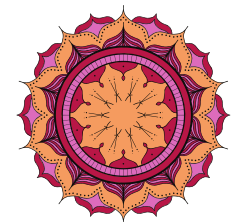
Put your phone away for at least two hours today

30

Throw a huge celebration for a minor achievement

31

Dress up and go trick-or-treating!



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NOVEMBER 2020

A Touch Of Magic Action Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

30

Give yourself 20 minutes of quiet time



"How you love yourself is how you teach others to love you."

~ Rupi Kaur

1

Self-care day: Pamper yourself silly!

2

Give yourself permission to say no

3

Keep hydrated - drink lots of water

4

Journal - "I am worthy because..."

5

Give your plants some loving today

6

Call your mother or a mother figure in your life

7

Make a vision board

8

Tell a loved one all the reasons you believe in them

9

Tell yourself all the reasons you believe in you

10

Draw/color/paint, create some art

11

Ask for and allow yourself to receive love

12

Commit to improving one thing about your health

13

Cook dinner with your family as a family

14

Make a list of 25 self-care acts

15

Give yourself some loving today

16

Allow someone else to call the shots today

17

Treat your inner child to something frivolous

18

Give encouraging words to 5 people today

19

Write a loving letter to yourself as a child

20

Take a nice long relaxing bath

21

Cuddle a fur baby or a loved one today

22

Take care of chores around the house

23

Watch an empowering TED Talk today

24

Send healing vibes to those who need it

25

Give someone a long, warm hug

26

Spend quality time with your loved ones

27

Allocate one full day just for yourself

28

Start your day with a healthy, filling breakfast

29

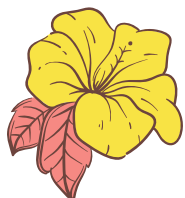
Do one thing to brighten your home

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DECEMBER 2020

A Touch Of Magic Action Calendar

Monday



Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

1

Plan ahead for the holiday season

2

Schedule some quiet time for yourself

3

Journal - do you believe in a higher power?

4

Learn a new spiritual practice

5

Go on a date with yourself today

6

Meditate for at least 15 minutes

7

Ask 3 people how they celebrate the holidays

8

Visit a metaphysical shop

9

Pay attention to your inner voice and intuition

10

Gratitude list - what are you grateful for?

11

Get a tarot reading from a professional

12

Do a 15 minute breathing exercise

13

Visit a place of worship - doesn't matter whose!

14

Write down your wishes for the coming new year

15

Manifest one small thing today

16

Learn about someone else's spiritual practice

17

Get quiet and listen to your body

18

Have a conversation with your higher self

19

Handmake a small gift for a love one

20

Bake some cookies today

21

Allow yourself to reflect this Yule

22

Drink lots of water - stay hydrated

23

Be open to all points of view today

24

Take frequent 10-minute breaks

25

Have a fun and lovely dinner with your family

26

Dress warm and take a walk outside in nature

27

Listen. Just listen

28

Ask the Universe for what you need

29

Create a personal magic spell or ritual

30

Spend quality time with your loved ones

31

Do an elaborate tarot reading for the new year

"The world is full of magic things, patiently waiting for our sense to grow sharper."

~ W. B. Yeats

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