

JULY 2019

A Touch Of Magic Action Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Write down your 3 most important goals for the month	2 Make a wish and set intentions this new moon	3 Learn something new to you today	4 Look in the mirror and tell that person that you love them	5 Activate your confidence - chin up, shoulders back	6 Say hello to a stranger today	7 Make a resolution and do one thing towards it
8 Do the No. 1 Numerology Tarot Spread Reading	9 List down 10 things you have achieved and are proud of	10 Take a selfie and post it to your network	11 Share an inspiring quote and what it means to you	12 Sing out loud and proud to your favorite songs	13 Take a walk outside and enjoy nature's magic	14 Take a leap - do something that scares you
15 Get clear on your WHYS - what motivates you	16 Stand under the light of the full moon and recharge	17 Write a list of things you are grateful for	18 Eat at a new restaurant today	19 Learn one new thing about someone close to you	20 Do something you've been putting off	21 Buy something for yourself, just because
22 Do something nice for someone you care about	23 Share who was your childhood hero and why?	24 Be proactive - ask for an opportunity you want	25 Try again at something you've tried and failed	26 Make a new friend today	27 Go to a club and dance like no one is watching	28 Make a list of all the things you like about yourself
29 Forgive yourself for mistakes you made in the past	30 Stand up for a cause you believe in	31 Reach out to an old teacher or mentor today				

**"Self-confidence is a superpower.
Once you start believing in yourself,
magic starts happening."**

A little bit of magic every day goes a long way. Find out more at
www.mynasmoon.com/atouchofmagic