**JULY 2019**

- **A Touch Of Magic**
- **Action Calendar**

**Monday**
- 1 Write down your 3 most important goals for the month
- 8 Do the No. 1 Numerology Tarot Spread Reading
- 15 Get clear on your WHYs - what motivates you
- 22 Do something nice for someone you care about
- 29 Forgive yourself for mistakes you made in the past

**Tuesday**
- 2 Make a wish and set intentions this new moon
- 9 List down 10 things you have achieved and are proud of
- 16 Stand under the light of the full moon and recharge
- 23 Share who was your childhood hero and why?
- 30 Stand up for a cause you believe in

**Wednesday**
- 3 Learn something new to you today
- 10 Take a selfie and post it to your network
- 17 Write a list of things you are grateful for
- 24 Be proactive - ask for an opportunity you want
- 31 Reach out to an old teacher or mentor today

**Thursday**
- 4 Look in the mirror and tell that person that you love them
- 11 Share an inspiring quote and what it means to you
- 18 Eat at a new restaurant today
- 25 Try again at something you've tried and failed

**Friday**
- 5 Activate your confidence - chin up, shoulders back
- 12 Sing out loud and proud to your favorite songs
- 19 Learn one new thing about someone close to you
- 26 Make a new friend today

**Saturday**
- 6 Say hello to a stranger today
- 13 Take a walk outside and enjoy nature's magic
- 20 Do something you've been putting off
- 27 Go to a club and dance like no one is watching

**Sunday**
- 7 Make a resolution and do one thing towards it
- 14 Take a leap - do something that scares you
- 21 Buy something for yourself, just because
- 28 Make a list of all the things you like about yourself
- 31 Reach out to an old teacher or mentor today

"Self-confidence is a superpower. Once you start believing in yourself, magic starts happening."

A little bit of magic every day goes a long way. Find out more at www.mynasmoon.com/atouchofmagic